LUNCH

OCTOBER 2021

Oneida City Schools

October 11th 2021 Columbus Day—NO SCHOOL

October 22, 2021—Superintendent's Day—NO SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
				1 French Toast Sticks / Sausage Tator Tots / Fresh Veggie Strips Assorted Fruit Cup
4 Brunch Lunch Egg & Cheese on a Bagel Hash Brown Veggie Juice Assorted Fruit Cup	**5** Chicken Patty on a Bun (plain or spicy) Green Beans / Baked Beans Assorted Fruit Cup / Banana	**6** Cheese OR Garlic Pizza Carrot Cup / Dip Assorted Fruit Cup	**7** Turkey Pot Pie Corn Warm Apple Slices Assorted Fruit Cup / Orange	**8** Fish Fillet on a Roll Sweet Potato Fries Broccoli Assorted Fruit Cup
11 Columbus Day No School	**12** Sloppy Joe on a WG Roll Carrots (steamed) Baked Beans Assorted Fruit Cup / Apple	**13** Cheese OR Garlic Pizza Broccoli (steamed) Assorted Fruit Cup	**14** Sweet & Sour Chicken Strips / WG Roll Rice Oriental Veggies Apple Slices / Fruit Cup	**15** Macaroni and Cheese Carrots (steamed) / WG Roll Assorted Fruit Cup
18 Hot Dog on a Bun Carrots (steamed) Baked Beans Peaches / Fruit Cup	**19** Hard Or Soft Tacos / Cheese Romaine Lettuce / Tomatoes Salsa / Green Beans Banana / Fruit Cup	**20** Cheese OR Chicken Wing Pizza Carrot Cup / Dip Assorted Fruit Cup	**21** Toasted Cheese Tomato Soup Broccoli (steamed) Apple / Assorted Fruit Cup	**22** Superintendents Day No School
25 Hamburger on a Bun Lettuce / Tomato / Cheese Carrots / Baked Beans Assorted Fruit Cup	**26** Turkey Wrap Sweet Tots Lettuce / Tomato / Cheese Apple / Fruit Cup	**27** Cheese OR Garlic Pizza Broccoli (steamed) Assorted Fruit Cup	**28** Spaghetti / with Meat Sauce Green Beans WG Roll & Butter Orange / /Fruit Cup	**29** BBQ Pork on a Bun Romaine Tossed Salad Corn Assorted Fruit Cup

SERVED DAILY
Assorted Fruit Cup AND/OR Fresh Fruit
CHOICE OF MILK—FAT FREE WHITE, FAT FREE CHOCLATE, OR 1% WHITE

Ala Carte Daily Choices
K-8 –PB&J Sandwich or Yogurt Combo or Cheese Pizza
9-12 –Cheese Pizza or Asst. Salad or Chicken Patty

MENU SUBJECT TO CHANGE

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com